

Question and Evidence Brainstorming Worksheet

When you look at the questions you brainstormed for a smaller decision you need to make, take your time. Set your questions aside for a few hours or a day. Then begin looking at what data you need. Being in a positive frame of mind is important, so when you feel yourself getting frustrated, set it aside and revisit later.

Questions

Types of Evidence

Observation
Asking yourself more questions
Asking family, friends, colleagues, etc. questions
Creating a timeline
Weighing risks and benefits
Research on internal or external changes
Research on options if leaving current role, organization, or industry is on the table